

Jason Schreyer Memorial



May 2026



In Memory of Jason Schreyer

Elmwood Location:

St. Gerald School
40 Foster Street
(South doors facing back lane)
Dates: May 2, 16 & 30 from 1-4 pm



Councillor Cindy Gilroy

Daniel McIntyre Location:

Valour Community Centre
448 Burnell Street
Dates: May 7 & 21 from 5:30-7:30 pm

Contact: Chris Sweryda – 204-801-9239, umsweryd@myumanitoba.ca

Frito Lay's Brand Potato Chips: \$2 Each

Lays Chips – All Dressed, BBQ, Classic Original, Dill Pickle, Ketchup, Salt & Vinegar, Smokey Bacon, Sour Cream & Onion, Wavy Original



Purex TP (8 rolls): \$4.50 Each



Mix & Match Items

Mix & Match – 6 Items for \$5

Campbell's Soup – Tomato, Cream of Mushroom, Vegetable, Chicken Noodle



Kraft Dinner
Original



Compliments
Tomato Paste



Club House Gravy – Brown, Low Sodium Brown, Chicken, Turkey, Chili Powder, Beef Stew, Yorkshire Pudding, Au Jus, Shepard's Pie, Sloppy Joes

Taco Bell Seasoning – Original



Jell-O Jelly Powders – Cherry, Grape, Orange, Raspberry, Strawberry



Jell-O Instant Pudding – Chocolate, Vanilla



Friskies Canned Cat Food – Extra Gravy Chunky with Salmon, Pate Chicken Dinner, Pate Ocean Whitefish & Tuna, Pate Seafood Supreme, Pate Turkey & Giblets, Shredded with Ocean Whitefish & Tuna



Mix & Match – 4 Items for \$5

No Name Potato Chips – BBQ, Cheddar Bacon, Dill Pickle, Ketchup, Regular, Regular Ripple Cut, Salt & Vinegar, Sour Cream & Onion



Heinz Beans & Pasta – Deep-Browned Beans with Pork & Molasses, Deep Browned Beans with Pork & Tomato Sauce, Deep-Browned Beans with Tomato Sauce, Maple Style Beans, Molasses & Pork Beans, Original Beans in Tomato Sauce, Alphagetti, Scooby-Doo Noodles, Spaghetti in Tomato Sauce, Zoodles Animal Shaped Pasta in Tomato Sauce



Heinz Picnic Products – Ketchup, Mustard, Relish



Green Giant Canned Vegetables – Cut Green Beans, Cut Wax Beans, French Style Green Beans, Niblets Corn, Peaches & Cream Corn, Peas & Carrots, Summer Sweet Peas



Canned Tomatoes – Crushed Tomatoes, Diced Tomatoes, Whole Tomatoes,



Campbell's Broth (900 ml) – Chicken, Beef, Vegetable, Low Salt Chicken, Low Salt Beef, No Salt Chicken, No Salt Beef, No Salt Vegetable, Chicken with Roasted Garlic, Pho



Ben's Original Fast & Fancy Rice – Broccoli & Cheddar, Country Chicken, Fine Herb & Wild Rice



Allen's Juice (1L) – Apple, Cranberry, Fruit Punch, Lemonade, Orange, Peach



Crispy Minis Rice Cakes – Apple Cinnamon, Butter Popcorn, Carmel Chocolate Chip, Everything, Original, Tomato & Basil, White Cheddar



Michelina's Frozen Dinners – Chicken Fried Rice, Fettuccine Alfredo, Lasagna, Macaroni & Cheese,



Clover Leaf Canned Tuna – Chunk Light Tuna, Flaked Light Tuna



Mix & Match – 3 Items for \$5

Classico Pasta Sauce – Alfredo (Regular), Basil Pesto, Bolognese, Florentine Spinach & Cheese, Four Cheese Alfredo, Four Cheese Tomato, Garlic Alfredo, Italian Sausage, Mushroom Alfredo, Portobello Mushroom, Roasted Garlic & Onion, Rosee, Spicy Red Pepper, Sweet Basil Marinara, Tomato Basil, Tomato Pesto, Vodka Sauce



Catelli Dry Pasta – Fusilli, Rotini, Macaroni, Penne, Small Shells, Spaghetti



Bush's Baked Beans – Brown Sugar Hickory, Homestyle, Honey, Maple, Molasses with Pork, Original, Red Kidney, Sweet & Tangy



Quaker Dipped Granola Bars (5 pk) – Caramel Nut, Chocolatey Chip, Cookies & Cream, Rainbow Chip, Peanut Butter, Salted Butterscotch



Quaker Chewy Granola Bars (5 pk) – Apple Fruit Crumble, Carmel & Chocolate, Chocolatey Chip, Low Sugar Double Cocoa, Rocky Road, S'Mores, Strawberry Fruit Crumble



Nature Valley Crunchy Granola Bars: Apple Crisp, Maple Brown Sugar, Oats 'N' Dark Chocolate, Oats 'N' Honey, Peanut Butter



Bull's-Eye Sauces: Bold (Original), Guinness Draught Beer Blend, Honey Garlic Bonanza, Chicken & Rib Renegade, Sweet & Sticky
Diana Sauces: Original, Gourmet Rib & Chicken, Honey Garlic, Western Smokehouse



Compliments Apple Juice (2 Litre) – McIntosh Apple, Low Acid



Quaker Instant Oatmeal – Regular, Flavour Variety, Maple & Brown Sugar, Low Sugar, Low Sugar Maple & Brown Sugar, Apples & Cinnamon, Low Sugar Apples & Cinnamon, Peaches & Cream, Dino Eggs



Quaker Oats – Quick Oats, Large Flake Oats, One Minute Oats



French's Mustard – Classic Yellow, Original Dijon, Honey Dijon, Maple, Honey



Habitant Soup – French Canadian Pea Soup, Minestrone, Pea Soup with Smoked Ham



Kraft Jet Puffed Marshmallows – Large White, Mini White, Rainbow Coloured



Mix & Match – 2 Items for \$5

Small Kellogg's Cereal – All Bran, Corn Flakes, Froot Loops, Froot Loops Marshmallows, Frosted Flakes, Krave, Scooby Doo Cinnamon Crisp, Strawberry Milkshake Frosted Flakes, Squishmallows



Harvest Crunch Cereal – Original, Honey Nut, Raisin Almond



Quaker Cereal – Captain Crunch, Life



Frank's Hot Sauce: Buffalo Wings Sauce, Original Cayenne Pepper, Redhot Creamy Buffalo Sauce, Redhot Thick Sauce



Pearl Milling Company Pancake Mix & Syrup – Complete Buttermilk Pancake Mix, Complete Original Pancake Mix, Original Syrup, Light Syrup, Butter Syrup



Roger's Sugar – Demerara (1 kg), Golden Yellow (1 kg), Icing (1 kg), Plain White (2 kg)



Salsa – Medium Old El Paso, Mild Old El Paso



Kool Aid Jammers (1.89 L) – Cherry, Grape, Orange



Philadelphia Chip Dip (227 g) – Dill Pickle, French Onion, Herb & Spice, Jalapeno, Onion



Philadelphia Cream Cheese – Blueberry, Herb & Garlic, Original, Smoked Salmon, Strawberry



Christie Cookies – Chips Ahoy (all varieties), Oreo (all varieties)



Individually Priced Items

\$1.00 Items

Best Buy Spices – Basil, Chili Flakes, Chili Powder, Garlic Powder, Italian Seasoning, Onion Powder, Oregano, Paprika



\$2.00 Items

Natural Bakery Canadian Rye Bread (500 g) – Small Loaf



Campbell's Chunky Soup (250 g) – Beef, Chicken Noodle, Prime Rib with Veggies



Canned Meat – Flakes of Chicken, Flakes of Ham, Flakes of Turkey, Holiday Luncheon Meat



Dare Crackers – Breton Original, Breton Garden Vegetable, Breton Basil & Olive Oil, Vinta Original, Vinta Original Snacks



\$3.00 Items

Kraft Mayo, Miracle Whip & Ketchup – Real Mayo (890 ml), Miracle Whip (890 ml), Miracle Whip with Olive Oil (890 ml), Real Mayo (Squeeze Bottle – 650 ml), Miracle Whip (Squeeze Bottle – 650 ml)



\$3.50 Items

Coffee Cream
Half & Half (1 L)

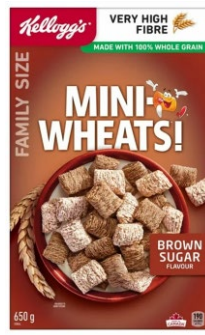


Natural Bakery
Canadian Rye Bread
(900 g) – Large Loaf



\$4 Items

Large (Family Sized) Kellogg's Cereal – All Bran Flakes, Corn Flakes, Corn Pops, Froot Loops, Frosted Flakes, Krave, Mini Wheats, Mini Wheats Brown Sugar, Raisin Bran, Rice Krispies, Special K, Special K Red Berries, Special K Vanilla Almond, Vector



Large (Family Sized) Cheerios Cereal – Regular, Honey Nut, Apple Cinnamon, Multi-Grain



Kraft Peanut Butter (1 kg) – Regular, Light, Crunchy, Extra Roasted, Extra Creamy



Compliments Honey Bear (375 g)



Laura Secord
Chocolate Chips



Robin Hood Flour
(2.5 kg)



Kraft Hazelnut Spread
(725 g)



Compliment's Hot Chocolate (500 g) – Regular, Salted Caramel, Mint



Farm Eggs (1 doz) –
Please bring your
own cartons

White Eggs 1 Dozen



\$5 Items

Smucker's Spreads (500 ml) – Strawberry Jam, Raspberry Jam, Concord Grape Jelly, Orange Marmalade, Apricot Jam



Nabob Boxed Coffee (340 g) – Breakfast Blend, Espresso, Sumatra, Traditional



\$6 Items

Cheez Whiz (900 g)



\$13 Items

Canned Coffee – Nabob Traditional



Farm Produce

The GAAP now stocks small amounts of vegetables each time we operate. We will have surprise items such as peppers or cabbage as they become available on a case-by-case basis. Below are the regular items we have available each time the program operates.

Carrots - \$3.50/5 lbs



Yukon Gold or Red Potatoes & Onions - \$2.50/5 lbs



Farm Honey (500 g) - \$6.00



A Thank You to Our Supporters & Partners

In April, the Grocery Access Program partnered with Valour Community Centre to open a branch location in the Daniel McIntyre ward. As part of this change, the program was renamed the Grocery Affordable Access Program (GAAP). The former GAP program continues operating at St. Gerard School (40 Foster Street) unchanged as one of the two branches of the new GAAP. The schedule is unchanged being the 1st, 3rd, and 5th Saturday of each month from 1-4 pm. The new branch of the GAAP opened April 2nd at Valour Community Centre (Orioles Location) and now runs the 1st, 3rd and 5th Thursday of each month from 5:30-7:30 pm.

A huge thank you goes to City Councilor Cindy Gilroy for working with Valour Community Centre in initiating the creating of the new branch of the program. We also owe a huge debt of gratitude to the grocery stores that have supported the program, the volunteers that move the food and set-up the program and countless others for their contributions.

We also wish to recognize the former councilor for Elmwood Jason Schreyer. It was Jason's vision and efforts that made the creation of this program possible. It is very disappointing that Jason never got to live to see the program open or what it has grown into today but he would be proud of the efforts of everyone who has come together towards his vision of lowering the cost of groceries for those most struggling.

Lastly, we wish to recognize the continued support and contribution of many businesses and institutions who continue to make the operating and growth of this program possible:



St. Gerard School is the official host of the program. After outgrowing the previous location, St. Gerard School generously agreed to adopt the program and allow the use of school facilities.



Valour Community Centre (Orioles) is the host of the new branch of the GAAP program allowing accessible groceries to be brought to the Daniel McIntyre Ward residents with the support of City Councilor Cindy Gilroy.



SAFEWAY

Without the generous help of Safeway, the GAAP as we know it today would not have been possible. The staff at Safeway have put in countless hours and donated many resources towards providing quality products at the lowest possible price.



A thank you goes to Penner International for providing free delivery of our large orders from Safeway to the storage facilities.



Flying Pizza has generously donated the pizza that has been available at the back of the gym for volunteers and anybody else that wants a slice.



A thank you goes to the Toy Caves for providing discounted space to meet the program's long-term storage needs.



The Home Depot (Empress Location) has generously donated the necessary materials for building the shelving to hold the GAAP's grocery stock.